

Discussion Questions With Your Kids Based On Their Ages

Preschool Ages

Do you know what all your body parts are called?

Do you know how boys are different from girls?

Do you understand that there are places no one should be touching you?

Do you know that if anyone touches you in any way that you don't like, you can say "no"?

Do you know what to do if someone touches you somewhere they shouldn't?

Do you know that you can talk to us about anything?

Do you know where babies come from (we're putting this question here because it is possible this question could come up this early)?

Elementary School Ages

Do you know that you can come to us with any question you have about sex?

Can you tell me what you already know about _____?

What have you heard about _____?

Do you know what sex is?

Do you know what puberty is?

Do you know what will happen when you go through puberty? Do you understand how your body is going to change?

Do you know about other changes that could happen during puberty (mood swings, acne, etc.)?

Do you know what God tells us about sex (i.e., it's beautiful, between one man and one woman, it's a way for a man and woman to show they love each other)?

Do you understand that sex is powerful (i.e., bonds us emotionally and physically comes with the ability to create life, etc.) and great responsibility?

Do you know what masturbation is? Have you ever masturbated before?

Do you understand that it's normal and good to have sexual desires and feelings?

Do you know how to deal with those feelings when you have them?

Do you know what to do if you see pictures of naked people?

Do you know what to do if you see something online that you don't understand or that scares you?

What do you think about _____?

(After answering their questions) Does that answer your question?

For Elementary Girls

Do you know if any of the other girls at school have started their periods yet?

Do you know what a period is? Do you know why girls have periods and what to expect when you start having yours?

For Elementary Boys

Do you know what erections are and why you have them?

Do you know what a wet dream is?

Middle School and Older

How does understanding God's purpose for sex change how we think about it?

How have you seen your friends interact with the opposite sex in ways that seem positive? What about the negative?

Do you think most of your peers treat each other with respect when it comes to flirting/sex/relationships? Explain.

How do your friends who aren't Christians think and talk about sex? How about your friends who are Christians?

What do you think about the romantic relationships in this movie/TV show?

What do you think about how women were portrayed in that show? What do you think about how men were portrayed in that show?

What do you think are the underlying assumptions of that commercial?

Extra Resources

Everyday Talk About Sex and Marriage: A Biblical Handbook for Parents
by John Younts

Covenant Eyes and their resources on having conversations about sex

The Story of Me: God's Design for Sex by Brianna Jones



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